

Reformation Studio

Community Week and Health Fair

Please come and enjoy a week of Health & Wellness—Our Gift to You!

Community Week: September 8–14

- FREE week of Pilates, Yoga & Gyrokinesis Classes

Health Fair: September 13th, 9–12pm

The following vendors will be present

- Vitality Chiropractic
- New Breath Of Life
- Valley Acupuncture
- Kayaa Spa
- Blue Stone Massage
- Naturopathic Insights
- Nutritionist, Elaine Murphy
BA, CDC,CNE, CNC,
Founder Weigh To Health, Inc.



Celebrate this coming Fall with a renewed commitment to your personal health and well-being!!

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www.reformationstudio.com